FAMILY ADVOCACY SERVICES

PRESENTED BY:
CARLA PEARSON
RANDI CALLAHAN
Three Rivers’ philosophy of service focuses on the strengths and the potential of participants.
DEPARTMENT ORGANIZATION

Community Development

Housing Development, Homeownership Programs, Energy Programs (EAP, WX)

Family Advocacy Services

Carla Pearson, Senior Programs Coordinator

Randi Callahan, Family Advocacy Coordinator

Nicole Pelzl: Senior Advocate

Larry More, Amy Tudor, Doreen Jablonske, Carla Miller-Leisch: Family Advocates
SENIOR PROGRAMS
**SENIOR PROGRAMS OVERVIEW**

**Meals on Wheels – Home Delivered Meals (HDM)**
- Hot, nutritious meals to home-bound persons unable to prepare their own meals
- Delivered by volunteers
- Serves: Cannon Falls, Faribault, Goodhue, Mazeppa, Pine Island, Wabasha, Wanamingo, Zumbrota

**Advocacy Program for Older Adults and Caregiver Support Services**
- Information, resources and referrals for services to older adults and their caregivers
- Wrap-around services that enable older adults to "age in place" successfully
- Specialized classes
- Serves: Goodhue, Rice and Wabasha
BY THE NUMBERS

- # Served in 2018
  - Home Delivered Meals
    - 27,620 meals served
    - 229 Unduplicated Clients

- Key Accomplishments
  - Increased volunteerism in Faribault
  - Leader of “Rapid Screen” completion in SE MN
  - Coordination of caterer change for 2019

- Advocacy for Older Adults and Caregiver Support Services
  - 349 Unduplicated Clients
  - 917 “Contacts”
WHO WE HELP

- 78% over the age of 75
- 65% female
- 56% rural
- 100% isolated
- 67% live alone
- 66% living in poverty

- Pam, 61 Adult child caregiver for mother with AD
  - Continuum of Care/Memory care
  - Dementia Toolkit
  - Neurology
  - HDM/ Meal options
  - Long Term Care Consultation

- Ginger, 89 Lives alone in owned house
  - Hospitalization due to pneumonia
  - HDM
  - Homemaking services
  - Own Your Future
  - Hyvee grocery delivery
  - Lifeline

- Florence, 82 Lives alone
  - Independent with HDM as only service
  - HDM Volunteer Driver contacted 911 for emergency transfer to hospital
  - CVA
MOVING FORWARD

- Volunteerism
- Chore service
- Affordable home care
- Increase HDM participation
- Enhance services through strategic planning
FAMILY HOMELESS PREVENTION AND ASSISTANCE
THE TEAM
Unique ability to link participating families to a wide range of both agency and community based supports to help household meet the goal of lasting residential stability

Wrap-around service delivery strategies that target the most vulnerable homeless households in our community

Key Homeless Prevention and Assistance Program outcome areas
- Achieve residential stability
- Increase their household income
- Increased household resources
- Access a wide range of community supports
- View themselves are part of a community
THE NUMBERS – 2018 CALENDAR YEAR

Unduplicated Persons Served = 483

- 20% Singles - 99
- 80% Families - 384

RACE
- Multiple Races
- American Indian or Alaska Native
- Native Hawaiian or Other Pacific Island
- Asian
- Black
- White

SUBPOPULATIONS
- Veteran
- Chronic / LTH
- History of DV
- Fleeing DV
MOVING FORWARD

- FHPAP Expansion / CoC Alignment
- Program Enhancement
- Housing First
QUESTIONS?